

Welcome to our July

Newsletter 2022

Preaching List

10th July Rev Keith Tewkesbury

17th July Dave Martin

24th July Dafydd Watkin

31st Rev Janet Park (HC)

God Bless Vic

From our Minister

Dear Friends

As I write this we are now leaving the month of June and into July and we are 6 months or so into the year and I have been made very aware of how the time is whizzing by you could say!

Yet I love the month of June and July the bright mornings and the longer evenings along with the weather some weeks ago being so lovely, in fact I have tried to spend a little time chilling out with my husband Don, basking in the sunshine fishing in this beautiful area.

I have been reminded of occasions in the Old Testament where God either promises, or is invited, to shine on us by turning his face towards us. Moses' experience famously, was of shining as he came away from the mountain of the Lord, dazzling in front of the people. As God turns his face towards us in mercy and blessing, and as He shines His love into our lives, to what extent do we reflect His radiance back to Him or outward to others?

Perhaps as we enjoy the sunshine (here's hoping it continues) of the continuing days and months, we could ponder how the love of God shines into our hearts and lives, and by what words and deeds we reflect that back to Him in praise, and outwards to others in witness.

May God bless you in the coming days

Deacon Linda

From the Local Preacher's Desk

What a lovely time of year this is! It's great to be able to go out into the garden and harvest raspberries, blackcurrants, gooseberries etc. Alas my plums haven't done well this year - they flowered too early, before the bees were about to pollinate them! It's also coming up to jam making time. Last year's jars are almost exhausted. I like to experiment with different fruits for my jam – I'm currently using ne that is plum, rhubarb and apple. A funny mixture but it's really tasty. My rea favourites though are the ones mad with blackberries picked in the wild. Elderberry and crab apple is another good one. This reminds me that all these lovely fruits, especially the wild ones, are gifts from God. Before people ever created gardens, God was providing our food. Wild animals still rely on His bounty! And all too often we forget to say 'Thank you!'

So let's get out and enjoy the countryside and what God provides but always thank God for His goodness to us.

Incidentally, if anyone knows a good place to pick blackberries without too much walking ad a place to park the var nearby, do please let me know!

God bless you all

Enid

Church Garden – A Surprise!

Many of you will have noticed that we have left a section of the church garden to grow naturally this year. It does look ragged but the intention is that in a while it would attract and support bees and butterflies. The loss of flowers can be devastating for these insects.

Last Sunday afternoon I went up to look for White-letter Hairstreaks in Wynn Gardens. I happened to meet up with two friends, also from North Wales Butterfly Conservation. We found the Hairstreaks and I mentioned what we were doing with the wild area in church.

We went in and were delighted to see Meadow Brown and Ringlet butterflies! My friends were very impressed to hear that the wild plot was only from this year! I honestly thought we would be waiting for a year or more to see them in the garden but here they are.



Meadow Brown (female)

The message is the 'overgrown grass' is a success as an insect habitat and we, as a church, are doing something for wildlife. Not just praying about it but doing something about it.



Ringlet (female)

Enjoy a walk on the wild side and look for butterflies in our grounds.

Vic

Invitation for Stewards...Mission Planning Training

On Tuesday July 19th at 7pm-9pm, Emma Nash, from the Evangelism and Growth Team, will be leading a session on Mission Planning for Circuits. To reserve your place, please follow this link.

To learn a little more about it first, please be invited to watch Emma's short overview of this process on YouTube

https://www.youtube.com/watch?v=RS WGD9lpv14

Presidency Elected

The Revd Canon Graham Thompson and Anthony Boateng have been elected and inducted as President and Vice-President of the Methodist Conference. In their speeches they covered themes of being a neighbour and what it would mean to have a revival. Find out more here <u>https://methodist-news.org.uk/BVI-</u><u>7XACS-35GPJW-4UFK31-1/c.aspx</u>

Conwy Food Bank

In the last month we have dropped off 5 boxes and 11 bags of food and toiletries and a \pm 30 donation. The Food bank said a very big thank you for all our support

Lynn

Conwy Foodbank

The Rainbow Hub

Rhiw Road

LL29 7TE

07305 197810

www.sanctuarytrust.org.uk conwyfoodbank@gmail.comfacebook.co m/conwyfoodbank

Opening hours Monday to Friday

10-2July 2022

Dear Supporters,

The total number of parcels issued by Conwy Food Bank in June was 150. 60 families with 112 children, 79 single people and 11 couples. With the relentless and ever-increasing requests for parcels our shelves have been looking very bare. We are very grateful for the response to our SOS, so we can continue to feed those in crisis. You have all been so very kind when everyone is feeling the pressure, every little really does help. Please do look at our Facebook page for all the updated information. If anyone wishes to donate online, you will find banking details there. Cash donations are a lifeline when we need to purchase emergency items. Also note that our address has changed, we are still in Rhiw Road but it is now known as the Rainbow Hub not the Spyce Building.

Once again our heartfelt thanks to you all

The Conwy Food Bank Team

From the Food Bank Team

Here is an example list of what we need...

Tea, coffee, sugar, UHT milk, tinned fruit, custard, rice pudding, jam, marmalade, jars of sauces, pot noodles, super noodles, microwave rice, pasta in sauce, tinned tomatoes, hot dogs, tinned cold meats, tinned fish, tinned meat meals, cup a soup, packet mash potatoes, tinned vegetables, meatballs tinned soup, baked beans, spaghetti, cereal, biscuits, crisps, juice, toilet rolls, toiletries.

Day Trip from Abergele

Would you like to join our friends from Abergele church on a day's outing on Tuesday 9th August? Leaving St Paul's Church Abergele at 9.45am (you can leave your car there) travelling by coach to Barton Grange Garden centre near Preston. (Awarded Destination Garden centre of the year 2022). From there we shall go on a cruise on the Lancaster canal with a fish and chip lunch on board. Afterwards there will be time to look round the Garden centre and have a cup of tea and possibly even go across the road where there is the Flower bowl entertainment centre housing a 3 screen cinema, curling Hall ,10 pin bowling alley, 18 hole crazy golf course and restaurants. We shall leave Barton Grange at 5pm planning to return to St Paul's about 7pm.

The total cost is $\pounds 37.50$ and a deposit of $\pounds 10$ is required by 15th July please. Names and deposits to Pat Preston please. (07710 277631).

Sri Lanka

The economic crisis in Sri Lanka is having devastating effects on the daily lives of the people as rising prices and shortages make essential goods, such as food, cooking gas and medicine, harder and harder to obtain. The Methodist Church in Sri Lanka has launched a Samaritan Journey Project which aims to provide relief for the people who are suffering most seriously. This includes providing severely affected families with relief packages consisting of essential food and other items, giving grants for medical expenses of children who have recurring illness, and giving start-up kits to enable people to grow their own vegetables. In response, the Methodist Church in Britain has given a Solidarity Grant of £15,000 from the World Mission Fund towards the Samaritan Journey Project. The need, however, goes far beyond the scope of this grant, and so we are inviting donations to the Samaritan Project through the World Mission Fund. This channel for giving will be open until August 15, and the money raised will then be sent as a lump sum to the Samaritan Journey Project. Click here for more information:

<u>https://www.methodist.org.uk/about-us/news/sri-lanka-appeal/</u>

The Connexion Magazine

The Connexion is a free magazine about the life and work of the Methodist Church, bringing together inspirational stories from Methodist people who are passionate about sharing God's love to change lives. You can read the latest publication on our circuit website.

https://www.conwyprestatynmc.org.

If you would like to send anything for another edition please feel free to call me on 07716172406.

If you have an e-mail address and would like to receive the Newsletter online

please send your address to: vic hitchings@hotmail.com

Vic

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