

Holiday

The holiday – or holy day – is time set aside from normal life: a time of sabbath.

The coast is where land meets sea. It is a place at the margins of life.

A holiday at the coast is time set aside at the margins of life where the horizon is bigger and the air fresher. Normal routines are relaxed, leaving room for new experiences, new faces and fun.

Being on holiday by the coast brings its own sabbath spirituality:

- ❖ It is a time of **rest**, when responsibilities are laid down and we can relax.
- ❖ It is a time when **relationships** are revived and new friends made.
- ❖ It is a time to **reflect** on everyday life from a distance.
- ❖ It is a time of **restoration**, when we rediscover what is important to us.
- ❖ It is a time of **repair**, when we can put right what has been going wrong.
- ❖ It is a time of **renewal**, as we find fresh things to see and do.
- ❖ It is a time to **remember**.

Community

This *Coastal Community* is a collection of people who live in many different places, but who are connected by the spirituality of holidaying by the seaside.

Belonging to *Coastal Community* will connect you with the place that revives you, deepening your holiday experience so that you get the most out of your time there.

Being part of *Coastal Community* will help you reconnect with the spirituality of holiday, not just when you are away from home, but every day.

Join *Coastal Community* to stay connected with the holiday in every day!



Join us

Please complete the declaration below if

- ✓ you would like to join *Coastal Community* as a ***Companion*** (see overleaf),
- ✓ you would like to make a donation to the work of St John's Methodist Church, and
- ✓ you are a UK taxpayer.

Gift Aid Declaration

By completing this declaration, you will enable us to claim an extra 25p in every £1 that you give. It will not cost you any extra.

- ☐ I want to Gift Aid my donation of £..... and any donations I make in the future to St John's Methodist Church, Llandudno.
- ☐ I am a UK taxpayer, and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay the difference.

Please give details of your name and address on the form overleaf.

Please notify us if you want to cancel this declaration or if you change your name or address. If you pay Income Tax at the higher or additional rate, you can claim additional tax relief on your Tax Return.

Join us

I would like to join *Coastal Community*...

☐ as a ***Friend***; or

☐ as a ***Companion*** (*please tick one*)

Forename:

Surname:

Email address:

.....

Mobile phone number:

.....

Address:

.....

Postcode:

Your contact details will be held securely and only used for the purposes stated in this leaflet.

Holiday Everyday

You can join the *Coastal Community* either as a ***Friend*** or as a ***Companion***.

As a ***Friend***, you will be placed on the mailing list of St John's Methodist Church, Llandudno, and receive weekly updates of what is happening there. This will keep you in touch with the community that you join when on holiday, and help you to plan what you might want to do on your next visit.

As a ***Companion*** you can engage more deeply in the spirituality of sabbath, helping you find space at the margins of life every day, wherever you live. You will receive:

- ✓ Daily prayers with *Coastal Community* via email.
- ✓ An invitation to an annual webinar on the spirituality of being on holiday.
- ✓ A quarterly newsletter with information and reflections about the spirituality of sabbath. (As well as the weekly updates.)
- ✓ You are invited to make a monthly donation to *Coastal Community* to support the work of St John's Methodist Church, Llandudno. Please set up a regular payment using the reference, 'COAST'. Sort code: 40-30-07 Account number: 60724548. (If you are a UK taxpayer, please Gift Aid your donation.)



Coastal Community

every day a holy day

<https://www.conwyprstatynmc.org.uk/>