

### Accessing our Circuit Churches

In addition to circuit services, you can also access the following:

St David's Craig y Don Weekly worship is live-streamed, from 10am each Sunday via this link:

Conwy & Prestatyn Methodist Circuit Blog is accessed through this link: [revbev.org.uk](http://revbev.org.uk)

and the Circuit website displays regular updates and information, found via this link:

<https://www.conwyprestatynmc.org.uk/>

Connexional resources which hold a multitude of resources, reflections, prayers and links to other live streamed services are found through this link: <https://www.methodist.org.uk/about-us/coronavirus/>

**Open Doors**

Serving persecuted Christians worldwide

**Christmas Service****Sunday 28<sup>th</sup> November****6.00pm****St. David's Methodist Church, Craig-y-Don****Supporting persecuted Christians worldwide**

We invite people to contribute to our circuit bulletin. Contributions could be in the form of reflections, book reviews, news on things that have been happening in your church, etc. Perhaps if you are responsible for creating a church newsletter you could send in articles from this? Please email them to [cpmcoffice2@gmail.com](mailto:cpmcoffice2@gmail.com)

### **Faith-based Organisations to COP26: “We must respond with the knowledge of science and the wisdom of spirituality”**

In a message to the High-Level Ministerial Segment of the 26th Session of the Conference of the Parties (COP26), an interfaith liaison group urged a response to the climate emergency that balances science and spirituality.

“We are in a climate emergency,” urges the message, which was read by Rev. James Bhagwan, general secretary of the Pacific Conference of Churches, on behalf of the group. “Fixated on profit, our extractive and ultimately unsustainable systems of production and consumption have led us today to this climate emergency.”

The message notes that humanity has been gifted with the ability to think and the freedom to choose. “We must respond with the knowledge of science and the wisdom of spirituality: to know more and to care more,” reads the message. “We see today that climate change is an ethical and spiritual matter.”

Any successful path to curb emissions must include an existential dimension, the message urges. “The ethical and cosmological narratives to act are keys to a more sustainable future.”

The climate crisis is ultimately linked to a crisis of values, ethics and spirituality, the organizations reflected. “As people of faith we have the vocation to care for our home, Mother Earth,” the message reads. “When we care for our home, we care for the most vulnerable which includes the poor people of the world, the future generations and the ecosystems without voices of their own.”

In every faith there is a clear moral obligation to cooperate in the healing of people and the planet, the message continues. “We want to contribute with a framework of deeply rooted hope,” the text reads. “A hope that is based on science, the courage to act, and a defiant attitude founded on love.”

The message also calls industrialised countries to support vulnerable ones.

“Love calls us to seek climate justice and restoration,” reads the text. “Indigenous spirituality could restore our understanding of interdependence between land, ocean, and life, between generations before us and the ones to come.”

Love calls us to transformation of relationships, systems, and lifestyles, the message concludes. “This transition away from a fossil fuel-based economy to a life-affirming economy must be just, securing livelihoods and wellbeing for all and not just some.”

**[Read the full Statement from the Faith-Based Organizations to COP26](#)**

**Conwy Food Bank Update November 2021**

Dear Supporters,

The number of parcels we have issued continue to rise as expected. In October the total number was 123: 51 families [with 107 children]. 10 couples and 62 single people were issued with food parcels. We are so grateful to you for your kindness and generosity. Our shelves are now better stocked, thanks to all of you. We still anticipate a difficult winter ahead and as Christmas approaches there will be challenges to bring a little cheer to the lives of all who are struggling in our communities. Do please continue to donate whenever possible, either in goods or financial help. You make such a difference to the lives of people living in crisis. Keep checking our Face Book page. Our heartfelt thanks once again Best Wishes From The Conwy Food Bank Team

Conwy Food Bank Spyce Community Hub Rhiw Road LL29 7TE 07305 197810  
[www.sanctuarytrust.org.uk](http://www.sanctuarytrust.org.uk) [conwyfoodbank@gmail.com](mailto:conwyfoodbank@gmail.com) [facebook.com/conwyfoodbank](https://facebook.com/conwyfoodbank)

Opening hours Monday to Friday 10-2pm

**A Message from Rob & Aliss Cresswell of Spirit Lifestyle**

We have been praying about starting up Christian cafés again in the UK. Originally from Chester, now living in Wales, we previously ran cafés and shops in the Chester area for a number of years, reaching locals with the love and power of Jesus; having a successful impact in local communities and supporting churches in those areas.

We're working in partnership with Terry & Ruth Cole who have lived and worked along the North Wales coast for many years and now we feel the time is right to start up cafés again. We sense the Holy Spirit leading us to Bangor and we are hoping to open soon. Hence, the reason for getting in touch. Your ministry is an integral part of the spiritual community of Bangor and surrounding areas, and we wanted to let you know of our plans. We've been praying for the Lord to show us the places where He is about to move powerfully, and it's exciting to think that He's highlighted Bangor.

We hope to meet you soon and would love you to join us for a cuppa when we're up and running. And if you know of a good Chef or front of house staff who may be interested in working in our café, perhaps you could give them a link to our café website for more details: [www.Miracle.cafe](http://www.Miracle.cafe)

And if you want to know more about what we believe, here is a link to our 'Statement of Faith' for your reference: <https://spiritlifestyle.com/spirit-lifestyle-statement-of-faith>

Blessings!

### Natasha's Law and the Need to Keep Everyone Safe

The [Food Information \(Amendment\) \(England\) Regulations 2019](#) (known as "Natasha's Law") came into effect from 1 October 2021 in England and Wales.

Natasha's Law is named in memory of Natasha Ednan-Laperouse who died in July 2016 following an allergic reaction to a prepacked sandwich bought from Pret-A-Manger. This law makes provision to ensure all food businesses provide full ingredient lists and allergen labelling on foods that are pre-packed for sale on their premises. These types of packaged foods were not caught by the pre-existing legislation.

TMCP would like to bring Natasha's Law to the attention of all Managing Trustees to help Managing Trustees establish whether this law applies to food produced by them e.g. a church run café and to signpost links to the wealth of guidance available on how to comply with the new requirements. The article also sets out some general points to consider to keep everyone safe, whether or not Natasha's Law applies to activities run by your Managing Trustee body.

### Let it SLOW

An Advent Calendar with a Difference by [Stephen Cottrell](#) £6.29

Want a more peaceful Christmas?

Let it Slow helps you pause every day and reflect

You'll see more of the joy and peace at the heart of Christmas

Christmas is one of the most joyful times of year, and it can also be one of the most stressful. It comes laden with expectations and, for many, overshadowed by difficult memories and emotions. If every other day of the year has us running in different directions, driven by the bleeping demands of our phones and devices, Christmas makes us run faster still.

This understanding and uplifting book offers another way to approach Christmas and to discover how its joys and promises can restore our lives, not add to their burdens.

You are invited to take a few minutes each day during December to join in a conversation with the bestselling author, Stephen Cottrell, who offers simple reflections and practical suggestions for making your Christmas the celebration it is meant to be.

[Click here for more information](#)

### Domestic Abuse Webinar

The Methodist Church is continuing its flight to highlight and address domestic abuse. A domestic abuse webinar is being held on **Thursday 25 November** 10.00 am until 12.00 pm.

Speakers include Jess Phillips - Labour MP and Shadow Minister for Domestic Abuse and Safeguarding and Ian McNichol - A survivor and also an ambassador for the charity Men Reaching Out. Registration details will be made available in the coming weeks.

### 'Why We Sing' - Ruben

**Streetwise Opera** is an arts organisation working with the homeless sector to inspire change and empower people to realise their own creative potential. They aim to transform lives by supporting people to make meaningful connections through the arts, rebuild social networks, improve wellbeing and develop new skills.

They engage world-class artists to collaborate with diverse individuals affected by homelessness to create powerful works of art, and to positively impact how society views homelessness. And they use the arts to explore and innovate how homeless services can be best designed for individuals.

#### 'Why We Sing' - Ruben

*'Ruben does not allow himself to be defined by his experience of homelessness. He is an artist, and embracing that identity through Streetwise Opera inspires and empowers him as he rebuilds his life.'*

This 3 minute video beautifully explains the key role that singing, creativity and the arts can play in recovery from homelessness.

[Watch now](#)

### Champing™

Champing is a unique opportunity to stay somewhere truly extraordinary!

Champing™ is the simple and unique concept of camping overnight in beautiful historic churches. It has been brought to the world by The Churches Conservation Trust, the national charity protecting historic churches at risk.

Thousands of happy Champers have stayed in their churches and have delighted in having exclusive use of an ancient space for the night. Don't forget that by supporting Champing, you're also helping to preserve these ancient spaces for the future. So what are you waiting for?

Find out more, purchase gift vouchers, browse Champing™ sites and book online [here](#).



### **Fighting cybercrime: Free cyber security tools for charities**

The National Cyber Security Centre is the UK's authoritative voice on cyber security and is on an important mission to help us improve the security of the charity sector. To help reduce the risk of cyber-attacks, they're offering registered charities unlimited licences to their Early Warning tool, and 1000 licences to Web Check and Mail Check tools, for free.

Early Warning sends you an alert if it spots any vulnerabilities, or signs that your network or computer has been hacked.

Mail Check makes it harder for criminals to spoof your emails.

Web Check identifies website vulnerabilities and advises what you can do to resolve it.

<https://www.ncsc.gov.uk/>

